

PROVERBS

The Way of Wisdom

Busyness



Not a Spiritual Gift, a
Spiritual Trap



In our society today it's easy to become overloaded and overscheduled leading to being overburdened and overboard.

Psalm 90:12



“Teach us to number our days,
That we man gain a heart of
wisdom.”

A Popular Phrase



There is a phrase I hear frequently “I am too busy” or “I don’t have time”. Instead of saying this phrase I think we could better say “It’s not a priority”. When we change the language we use it reminds us time is a choice.



Question:

Why do people want to be so
busy?



- It makes me feel important
- I really don't want to have time to think
- I think it will construct a productive life



We naturally add more to our own plates.
If we don't then we allow others too!



Lets take a look closer at the
Christian's issue with spiritual
busyness

Luke 10:38-41, Mark 6:31

Balance is Key



We need to keep balance in being active **for** God and being receptive **to** God. Don't busy yourself so much with God's work that you forget to be in His presence. We can't get a sense of God's presence without creating space for God's presence.

“If we don’t change how we live, our overcomplicated world will begin to feel frighteningly normal. We will become accustomed to life at a frantic pace, no longer able to discriminate between the important and the unessential. And that’s the danger: When we fritter away our one and only life doing things that don’t really matter, we sacrifice the things that do matter.”

Bill Hybels, *Simplify: 10 Practices to unclutter the Soul*